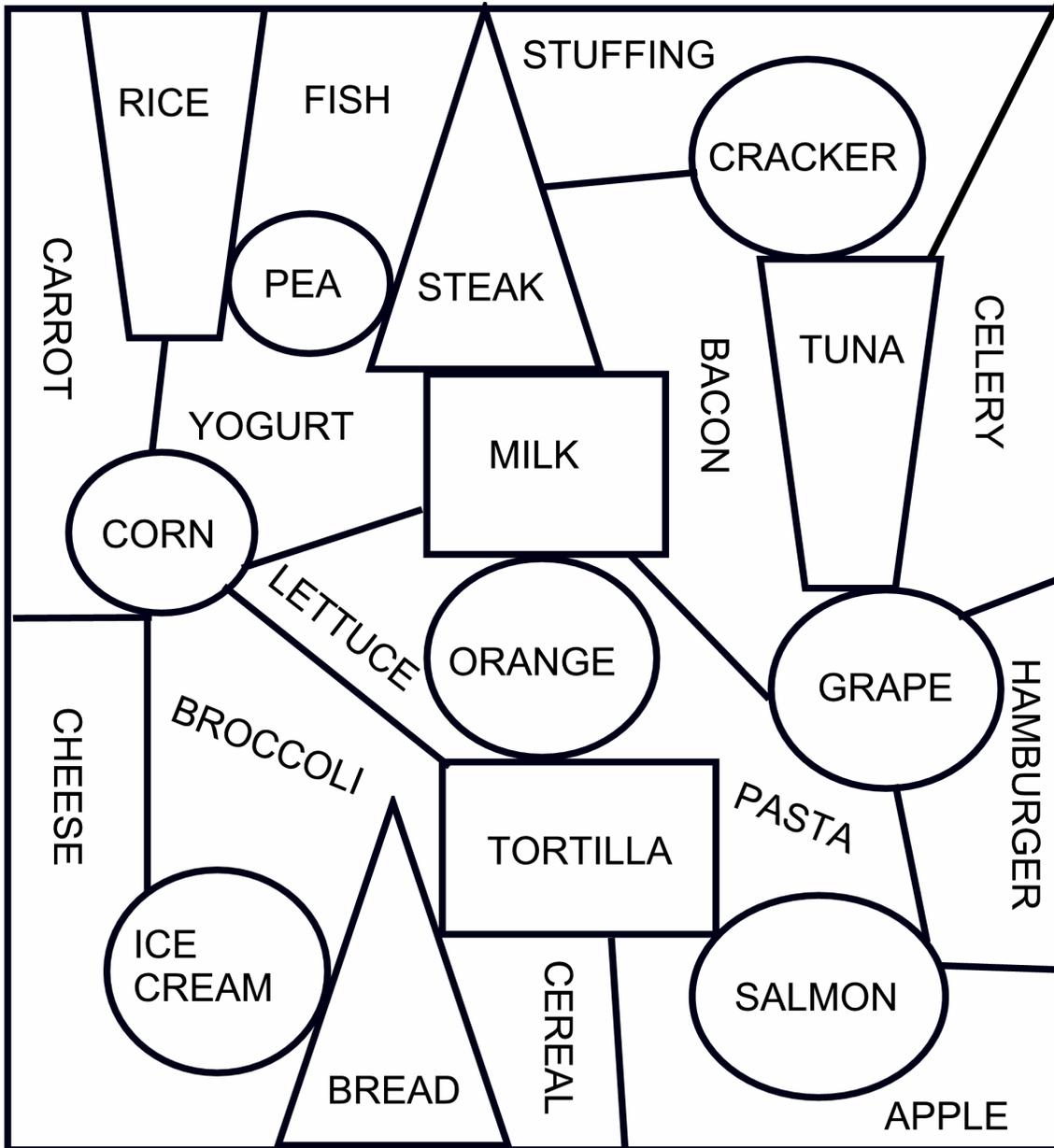


How much do you know about your food?

Color these foods:
vegetables - green
fruit - orange
meat - blue
grains - yellow
dairy - pink



USDA Farm Service Agency

Answer: grain (bread, tortilla, cereal, pasta, stuffing, rice, cracker); meat (salmon, steak, hamburger, tuna, bacon, fish); fruit (grape, apple, orange); vegetables (celery, pea, carrot, broccoli, corn, lettuce); dairy (milk, yogurt, cheese, ice cream)