

# Coping With Retirement Decisions



**Retirement is a major life transition. Come learn ways that will help you overcome some of the emotional repercussions that come from this life-changing experience.**

**Presented by:  
Jetta Evans-Joyner  
Federal Occupational Health**

*“Retirement may be an ending, a closing, but it is also a new beginning.”*

*Catherine Pulsifer*



**Where: USDA South Building –  
Rear of Cafeteria**

**When: Tuesday, July 13, 2010**

**Time: 12:00 – 1:00 p.m.**

**\*Note: This is not a seminar on retirement rules or benefits**

A Sign Language Interpreter will be provided. Persons with disabilities who require accommodation should contact Gloria Rodriguez by phone at (202) 205-9262, TTY (202) 205-9057, or by e-mail at [gloria.rodriguez@wdc.usda.gov](mailto:gloria.rodriguez@wdc.usda.gov) no later than Monday, July 12. USDA is an equal opportunity provider and employer.