



R is for radish. The radish is the root of a plant. Usually eaten raw in salads, radishes can also be stir-fried, pickled, microwaved, or used in soups. They come in several sizes, colors (white, various shades of red, and black) and shapes (round, oblong, and long). In the U.S. radishes are largely produced for the fresh market, and many consumers are only familiar with the red globe table radish. Florida is the leading producer, followed by California, Michigan, Minnesota, and Ohio. In Oaxaca, Mexico, radish-carvers vie for prizes on the Night of the Radish (Christmas Eve). The humble plants are transformed into holy figures, conquistadors, animals, and dancers.