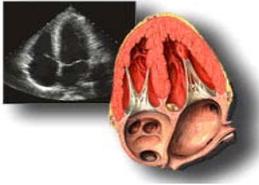


Onsite Preventive Health Screenings (Heart Function, Stroke, Body Composition, and More)

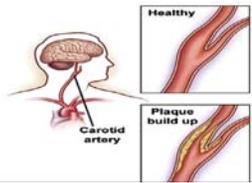
Physical Fitness and Good Diet May Not Be Enough!

American Screening Association will be at USDA, 1400 Independence Avenue, S.W. (South Building in the back of the cafeteria) on **Wednesday, June 22, 2011** performing the following screenings for FSA, RMA, and FAS employees (headquarters).



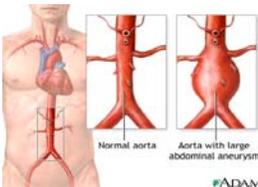
(1) Echocardiogram/Heart Function Ultrasound \$99.00 (Includes cardiologist review)

This measures the performance of heart valves, checks chamber size, wall motion and structural changes in and around the heart. It can also detect tumors, clots or fluid around the heart.



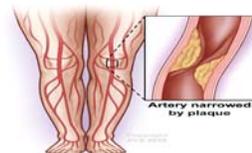
(2) Stroke/Carotid artery Ultrasound \$35.00

This preventative screening visualizes the build up of plaque in the carotid arteries that may cause a stroke, the 3rd leading cause of death in the United States. Approximately 700,000 strokes occur each year in the U.S. alone. 160,000 of them are fatal.



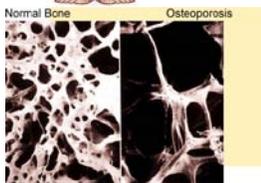
(3) Abdominal Aortic Aneurysm Ultrasound \$35.00

This ultrasound visualizes and measures the aorta to check for the existence of an aneurysm (see detail on the left). A ruptured aorta has a mortality rate 90-95%. It is considered America's silent killer.



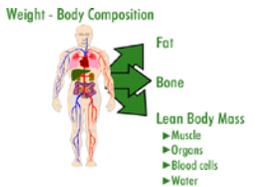
(4) Peripheral Arterial Disease Doppler \$35.00

This painless test checks the circulation of blood in the arteries of the legs. An abnormal measurement may indicate clogging in the leg or heart arteries.



(5) Osteoporosis test \$25.00

This simple test using ultrasound determines the density of the bones in the body. Loss of bone mineral density and risk for osteoporosis has been detected to some extent in 40% of those previously screened for the disease. A disease found in both men and women.



(6) Body Composition \$20.00

Not recommended if a person has a pacemaker or is in early stages of pregnancy
Obtains the following: body fat percentage and weight, body lean weight, water percentage, basal metabolic rates, average daily caloric requirement and body mass index



(7) ECG Monitor \$15.00

(Only available in addition to echocardiogram)

This charts the electrical rhythms of the heart.

Special Packages:

All Screenings \$199.00

Tests 2 thru 5 \$110.00

Screenings are eligible for flexible Spending and Health Savings Accounts.

Appointments are required. Call 800-686-3035.